

You can make your

donation online at

**www.brightfutures.com.au**

or see the attached letter for other options.

SEVEN SACRIFICES IN SEVEN DAYS

'Seven Sacrifices in Seven Days' is a very simple idea.

Proceeds from Seven Sacrifices in Seven Days will go to support



children’s education in

Pakistan and India,



the empowerment of

women in Kenya,



& healthcare in Uganda.

**Each day next week**, *starting on Sunday, 18 June,* we ask you to sacrifice something that

comes at a cost *(eg bought coffee or lunch, movies, chocolate!)* and donate what you save to

help some of the world’s poorest people in India, Pakistan, Kenya and Uganda.

**Another way you can do it** is to ask a friend or family member to sponsor

you to give up for the week something you really like *(eg a favourite food, drink, TV show,*

*Macca’s- the possibilities are endless)* with the sponsor funds being donated to help.

**Whichever way you choose to do it, your sacrifice will make a big difference.**

Want to find out more? Go to [www.brightfutures.com.au](http://www.brightfutures.com.au) or the Bright Futures Facebook

page: [www.facebook/BRIGHTFUTURES.AUS](http://www.facebook/BRIGHTFUTURES.AUS)

*(Track your sacrifices here)* Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- |
| **Date** | **Here’s what I sacrificed!** | **Here’s what I saved so I could donate and/or here’s what my sponsors contributed.** |
| **Sunday**  18 June 2017 |  |  |
| **Monday**  19 June 2017 |  |  |
| **Tuesday**  20 June 2017 |  |  |
| **Wednesday**  21 June 2017 |  |  |
| **Thursday**  22 June 2017 |  |  |
| **Friday**  23 June 2017 |  |  |
| **Saturday**  24 June 2017 |  |  |
|  | **My Total Donation Amount:** |  |

**DONATIONS OVER $2**

**TAX DEDUCTIBLE**

**Bright Futures Child Aid & Development Fund Australia**

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SOME simple SACRIFICES THAT MIGHT WORK FOR YOU!

* Love coffee or chocolate? You could forgo these treats on one or more days.
* Maybe hold back on that trip to the movies and wait for the DVD (or not)!
* Take your lunch to work instead of buying it at the café.
* Instead of going out for dinner with friends just invite them over for a simple supper.
* Regular book or new clothing buyer? How about giving it a miss for a week.

SOME THINGS FRIENDS/FAMILY MIGHT SPONSOR YOU TO GIVE UP

For the week!

* A favourite foods - eg biscuits, chocolate, cakes, sweets
* A favourite drink - eg soft drink, coffee, wine, beer, smoothies
* A favourite TV program or activity – the possibilities are endless. Only you will know what is a real sacrifice to you.

You can help us by posting your suggestions on the Bright Futures Facebook

page - [**www.facebook.com/BRIGHTFUTURES.AUS**](http://www.facebook.com/BRIGHTFUTURES.AUS) and don’t forget to let us know by email or on Facebook what sacrifices you are making during ‘Seven Sacrifices’ week.